

St Catharines Next-Day Ultrasound Patient Information sheet

Affix Patient Label Here

(Please give to the patient before they leave the department)

You have been booked for a next day ultrasound through the Emergency Department. The Appointment time the next day is:

Date: _____ Time: _____

Please arrive at least 15 minutes earlier to the main registration area, in the main entrance of the hospital. The test ordered and any instructions that you might to follow are below:

AFTER your ultrasound, it is **EXTREMELY IMPORTANT** that you register at the Emergency Department after you have had your study to review your results with the emergency physician on duty and arrange further care, which might include further testing or referral to other specialties.

This appointment time has been set aside for you. In the unlikely event that something should change and you cannot make your appointment at the time booked, please call the Ultrasound department (905) 378-4647 Ext. 46505 to consider an alternate time. If you do not come for your test, please make sure that you see your family doctor for alternative arrangements, as "Next-Day" test cannot be rebooked on other days.

- Combined Abdomen and Pelvis:** Nothing to eat or drink for 8 hours before your test. You can take your medications with small sips of water. However, since you must attend with a full bladder, 1 hour prior to your appointment time, please finish drinking 32 oz (4 glasses or 1 liter) of water. If you are feeling too full prior to your exam, you can partially empty your bladder. Consider that you must attend your appointment with a full bladder. If you have diabetes and need to take something sweet, orange juice is a good idea.
- Abdomen:** Please have nothing to eat or drink for 8 hours before your test. You can take your medications with small sips of water. If you have diabetes and need to take something sweet, orange juice is a good idea. If you are also having a pelvis ultrasound, follow the instructions below.
- Pelvis:** You must attend with a full bladder. Drink 32oz (4 glasses or 1 liter) of water an hour before your test. If you feel too full a long time before your test, you can partially empty your bladder. Consider that your bladder has to be full by the time of your test.
- Pregnancy related ultrasounds:** You must attend with a full bladder. Drink 32oz (4 glasses or 1 liter) of water/juice/tea/coffee an hour before your test. If you feel too full a long time before your test, you can partially empty your bladder. Consider that your bladder has to be full by the time of your test.
- Blood Clot in a Limb or Soft Tissue:** No preparation
- Other:** Test _____

THE MOST IMPORTANT THING TO KNOW: We are committed to your care. We strive to provide the appropriate emergency medical care that you need. It is important to know that emergency conditions might only become clear over time, and many non-emergency conditions can evolve to become an emergency. It is also possible to develop an emergency condition unrelated to your original visit. **It is very important to return to the department if you think things are worsening or changing in a worrisome manner.** Some of these worrisome symptoms might be expected, and your doctor and nurse will discuss those with you. Once you go home, if you think you are getting worse, or not getting better in the expected time, then you should return to the department.