

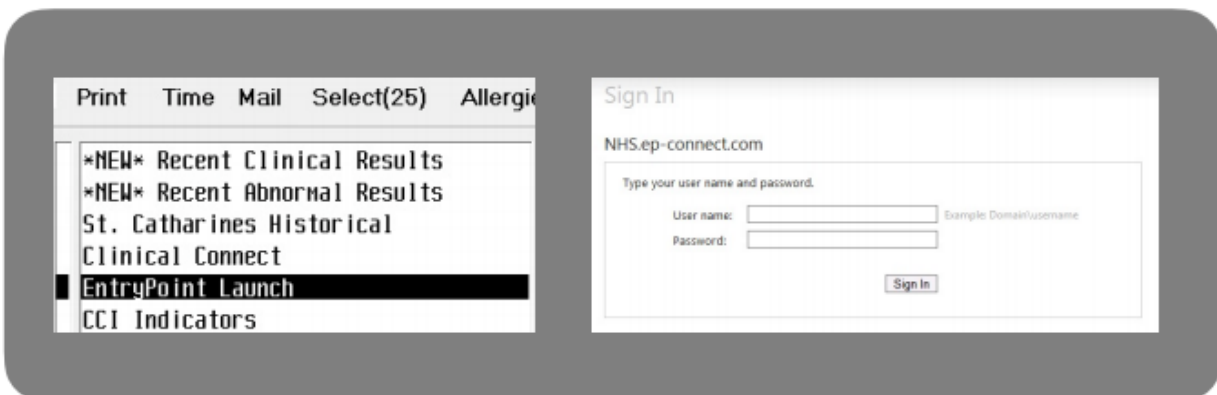
Please print this document as it contains the patient information sheet

The EPAC referral Form has been exclusively moved to EntryPoint

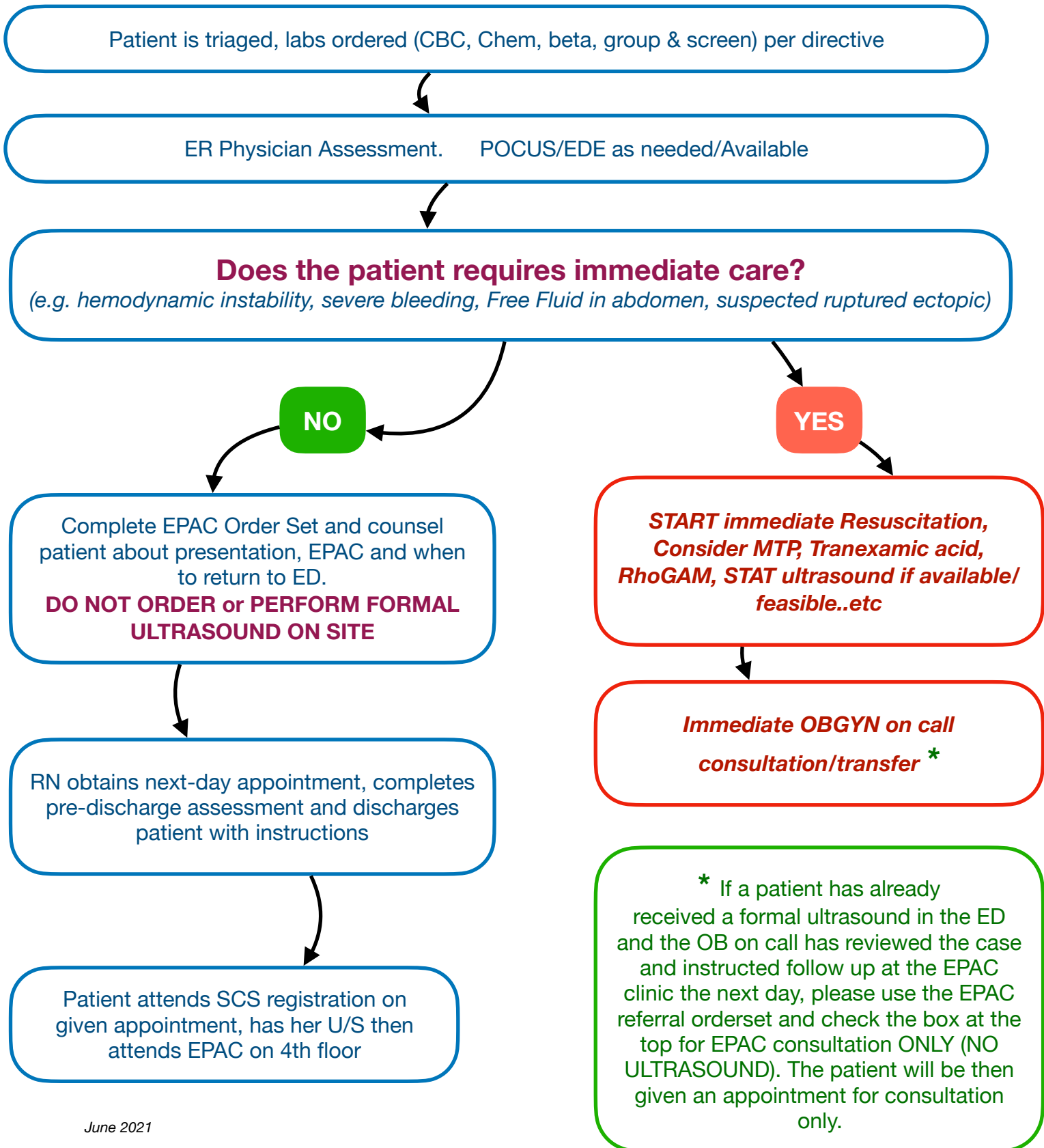
*Please log in to EntryPoint to complete the referral.
Remember to use your PACS (not Meditech) password when you log in to EntryPoint.*

You can watch a 2-min instructional video by clicking below:

<http://www.youtube.com/watch?v=i4q3iXEVx7o>



Early Pregnancy Assessment Clinic (EPAC) ED Related Process Flow



Height _____ cm Weight _____ kg

Allergies _____

EPAC (Early Pregnancy Assessment Clinic) Referral (ED) Order Set		M	K	O
Orders Processed Date (dd/mm/yyyy) Time (hhmm)	<p style="color: red; font-weight: bold;">*** Use only for hemodynamically stable Pregnant Patients in the First Trimester presenting to ED/UCC with PV bleeding or pain (not for termination requests, hyperemesis or other medical condition in pregnancy) ***</p> <input type="checkbox"/> Patient requires an EPAC CONSULTATION ONLY WITHOUT ULTRASOUND (U/S) APPOINTMENT (only for patients who had an U/S during their ED visit today and the OBSTETRICIAN ON CALL has reviewed the case and requested EPAC next day follow up)			
By	<p>Clinical History</p> <input checked="" type="checkbox"/> G: _____ P: _____ A: _____ <input checked="" type="checkbox"/> LMP: _____ Gestational Age: _____ (<input type="checkbox"/> Stated OR <input type="checkbox"/> Dating Ultrasound) <input checked="" type="checkbox"/> POCUS (EDE) Performed: <input type="checkbox"/> No <input type="checkbox"/> Yes <input checked="" type="checkbox"/> Clinical Presentation: <input type="checkbox"/> Pain <input type="checkbox"/> Cramping <input type="checkbox"/> Spotting <input type="checkbox"/> Bleeding Active <input type="checkbox"/> Bleeding Stopped <input checked="" type="checkbox"/> Clinical History & Physical: (provide details including POCUS findings, Bl. group and Rhogam)			
Status	<hr/> <hr/> <hr/>			
Processing Reviewed by	<p>Orders</p> <input checked="" type="checkbox"/> Document Pre-discharge Vitals: BP: ____/____ HR: ____ Temp: ____ Wt.: ____ Ht: ____ <p style="color: red; font-weight: bold;">***Abandon the Order Set, immediately call MD if Tachycardia or hypotension***</p> <input checked="" type="checkbox"/> RN, please document on this form patient's preferred phone number: _____ <input checked="" type="checkbox"/> Order and draw the following before the patient leaves the ED (patient should not wait for results): <input checked="" type="checkbox"/> CBC, Lytes (LYTA), Creatinine, Glucose, Group and Screen, Quantitative Beta HCG <input checked="" type="checkbox"/> Call x44150 to obtain a next day appointment and document below plus in Patient information sheet Appointment Date: _____ (dd/mm/yyyy) Time: _____ (hhmm) <input checked="" type="checkbox"/> Using "FTP Shortcut" forward this order set, ED face sheet and any other relevant documents to: - EPAC Ultrasound for performance of Early Pregnancy U/S – TA/TV - EPAC Women & Babies for EPAC OBGYN consultation to follow <input checked="" type="checkbox"/> Provide patient information material and appointment details to patient <input checked="" type="checkbox"/> Discuss diagnosis and what to expect at ultrasound and EPAC with patient <input checked="" type="checkbox"/> Instruct the patient to proceed directly to SCS ED or Call 911 if severe abdominal pain, pre-syncope, syncope, pallor or unwell			
Status	<hr/> <hr/> <hr/>			
Faxed by	<p>Additional Orders</p> <input type="checkbox"/> _____ <input type="checkbox"/> _____			

Telephone Order _____
 Ordering Practitioner, Designation Signature Date/Time (dd/mm/yyyy hhmm)

If Telephone Order _____ Read Back
 Ordering Physician Date (dd/mm/yyyy) Time (hhmm)



Chart Copy – Do Not Destroy

Rev. 06/2021/V3 ORD246

Early Pregnancy Assessment Clinic ED Patient Information Sheet

The Early Pregnancy Assessment Clinic (EPAC) is an outpatient clinic located in the Women & Babies Outpatient Clinic (4th floor) of the St Catharines Site Hospital (1200 Fourth Ave, St Catharines, Ontario). and provides care to women **by referral** who are in early (less than 12 weeks) pregnancy who are having problems such as pain or bleeding or have been diagnosed with a pregnancy loss, or miscarriage

You will receive your appointment details for your ultrasound and following appointment before you leave The Emergency Department will arrange your ultrasound and EPAC appointment

Appointment: Date: _____ **Ultrasound Time:** _____

Please proceed ¼ hr before your appointment to main registration at St Catharines Site

You will be directed to your ultrasound. Then, you will proceed to the EPAC clinic on the Women's and Babies fourth floor for your clinic appointment

Please DO NOT miss or be late for your appointment

1 What to Expect?

Prepare to be in the hospital for about 3hrs. This may vary according to your needs. During that time, you will:

- Register for the visit
- Have your ultrasound in the Diagnostic Imaging department
- Be assessed in EPAC by a nurse, then by the Obstetrician/Gynecologist (and possibly a Medical Residents or Student)
- Have other interventions, like more blood work or medications, depending on your need
- Receive further information material specific to your case

2 What to bring?

- Your Health Card
- A list of medications you are taking
- A support person
- A book to read or activity for yourself and others in your party while you wait

3 Preparing for the ultrasound:

You must attend with a full bladder. Drink 32oz (4 glasses or 1 liter) of water/juice/tea/coffee an hour before your test. If you feel too full a long time before your test, you can partially empty your bladder. Consider that your bladder has to be full by the time of your test.

4 When should I return to the ED or call 911?

Proceed to SCS ED if you have:

- severe pain
- severe bleeding (soaking 2 or more pads an hour for 2-3hrs)
- look unusually pale
- feel like you are going to faint, or if you do faint.

If you feel really unwell, dial 911. Do not drive yourself.

5 Will EPAC become my obstetrician provider?

No, EPAC will perform assessments and management for abnormal presentations (bleeding or pain) in early pregnancy. Once that is done, you will be referred back to your regular provider. If you do not have one, the Obstetrician you see at EPAC will likely follow you for the remainder of the pregnancy in his/her own office.

6 What can I do until my appointment?

Rest. Drink fluids, take any prescribed medications (Tylenol and Advil are both OK in early pregnancy). Do not do any strenuous activity. We recommend that someone come with you to the appointments. Many find these times strenuous and busy with a lot of new information. If things worsen, please seek care or call 911 (see number 4 above)

7 Do I need a Family Doctor?

A Family Doctor is the most integral part of your medical care and its continuity. Always make sure he/she knows what is happening with your health care and arrange regular follow up. If you designate a family doctor during registration, a copy of the results and reports will be forwarded to his/her office. If you do not have a family doctor, please call Health Care Connect Ontario 1-800-445-1822. You can also register online at their website.

8 Contact EPAC:

We are located in the Women & Babies Outpatient Clinic – 4th Floor
1200 Fourth Avenue
St. Catharines, ON
Phone (905)378-4647 extension 43283

9 Special Notes:
