



Height \_\_\_\_\_ cm      Weight \_\_\_\_\_ kg

Allergies \_\_\_\_\_

<b>Initiation of Buprenorphine/Naloxone (Suboxone®) Treatment for Acute Opioid Withdrawal Order Set</b>		M	K	O
Orders Processed Date (dd/mm/yyyy)	<input checked="" type="checkbox"/> Opioid used: _____ Time of last opioid use: _____ : _____ (24h) <b>***Note: patients on methadone should not receive buprenorphine and should be encouraged to see their methadone provider***</b>			
Time (hhmm)	<b>Clinical Opiate Withdrawal Scale (COWS) Monitoring and Scoring</b> <input checked="" type="checkbox"/> Initiate COWS for Opioid Withdrawal Record Form (ASSMT021) q2h <input checked="" type="checkbox"/> If COWS score is less than 5 on 2 consecutive occasions, discontinue protocol			
By	<b>Vital Signs</b> <input checked="" type="checkbox"/> Temp, HR, RR, BP, SpO <sub>2</sub> q2h			
Status	<b>Lab Investigations</b> <input checked="" type="checkbox"/> Urine Drug Screen <input type="checkbox"/> Additional Labs: _____			
Processing Reviewed by	<b>Buprenorphine/Naloxone (Suboxone®) Treatment</b> <input checked="" type="checkbox"/> Initiate treatment for COWS scores greater than 12 <b>AND</b> more than 12 hours from last opioid use  <b>Recommended starting dose: buprenorphine 4 mg, consider lower dose if elderly/ high benzodiazepine use/ dependent on codeine or other weak opioids/uncertainty of time of last opioid use/uncertainty of severity of opioid withdrawal</b>			
Status	<b>Note:</b> Suboxone® is supplied as buprenorphine/naloxone 2 mg/0.5 mg tablets <b>AND</b> buprenorphine/naloxone 8 mg/2 mg tablets (doses below based on buprenorphine component)  <input type="checkbox"/> buprenorphine <input type="checkbox"/> 4 mg <b>OR</b> <input type="checkbox"/> 2 mg      SL x 1 dose <b>THEN</b> <input type="checkbox"/> buprenorphine <input type="checkbox"/> 4 mg <b>OR</b> <input type="checkbox"/> 2 mg      SL q2h PRN if COWS score remains greater than 12 or continued patient withdrawal discomfort (maximum buprenorphine 8 mg in first 24 hours) <input checked="" type="checkbox"/> Maximum buprenorphine dose for discharge prescription is 8 mg total daily			
Faxed by	<b>Other Medications</b> Maximum acetaminophen from all sources 4,000 mg in 24 hours Maximum ibuprofen from all sources 2,400 mg in 24 hours <input type="checkbox"/> acetaminophen 975 mg PO QID PRN <input type="checkbox"/> ibuprofen 600 mg PO q6-8h PRN <input type="checkbox"/> dimenhydrinate 50 mg PO q4h PRN (for patients at low risk of falls and/or delirium) <input type="checkbox"/> dimenhydrinate 50 mg IM/IV q4h PRN (for patients at low risk of falls and/or delirium) <input type="checkbox"/> loperamide 4 mg PO PRN for loose BM <b>THEN</b> <input type="checkbox"/> loperamide 2 mg PRN with each subsequent BM (maximum 16 mg in 24 hours)			

Telephone Order \_\_\_\_\_  
 Ordering Practitioner, Designation      Signature      Date/Time (dd/mm/yyyy hhmm)

If Telephone Order \_\_\_\_\_  
 Ordering Physician      Date (dd/mm/yyyy)      Time (hhmm)       Read Back



**Chart Copy – Do Not Destroy**

Rev. 12/2015/V3 ORD144



## Clinical Opiate Withdrawal Scale (COWS) For Opioid Withdrawal Record Form

Affix Patient Label

Time and Date of Last Opioid Use: Date (dd/mm/yyyy) _____ Time (hhmm) _____		Date (dd/mm/yyyy)						
<b>Assessment Protocol</b> ➤ COWS measures 11 signs and symptoms commonly seen in people experiencing opioid withdrawal ➤ This can help to gauge the severity of the symptoms and to monitor changes in the clinical status over time ➤ Higher score = more severe withdrawal syndrome ➤ <b>Score:</b> 5 – 12 = Mild; 13 – 24 = Moderate; 25 – 36 = Moderately severe; greater than 36 = Severe withdrawal		Time (hhmm)						
		Temperature						
		Respiratory Rate						
		Blood Pressure	/	/	/	/	/	/
		SpO <sub>2</sub>						
<b>Parameters based on Questions and Observation:</b>								
<b>Resting Pulse Rate:</b> Record beats per minute	<b>Measured after patient is sitting or lying for one minute:</b> 0 = pulse rate 80 or below 1 = pulse rate 81 – 100 2 = pulse rate 101 – 120 4 = pulse greater than 120							
<b>Sweating:</b> Over past ½ hour not accounted for by room temperature or patient activity	0 = no report of chills or flushing 1 = subjective report of chills or flushing 2 = flushed or observable moistness on face 3 = beads of sweat on brow or face 4 = sweat streaming off face							
<b>Restlessness:</b> Observation during assessment	0 = able to sit still 1 = reports difficulty sitting still, but is able to do so 3 = frequent shifting or extraneous movements of legs / arms 5 = unable to sit still for more than a few seconds							
<b>Pupil Size:</b>	0 = pupils pinned or normal size for room light 1 = pupils possibly larger than normal for room light 2 = pupils moderately dilated 5 = pupils so dilated that only the rim of the iris is visible							
<b>Bone or Joint Aches:</b> If patient was having pain previously, only the additional component attributed to opiate withdrawal is scored	0 = not present 1 = mild diffuse discomfort 2 = patient reports severe diffuse aching of joints / muscles 4 = patient is rubbing joints or muscles and is unable to sit still because of discomfort							
<b>Runny Nose or Tearing:</b> Not accounted for by cold symptoms or allergies	0 = not present 1 = nasal stuffiness or unusually moist eyes 2 = nose running or tearing 4 = nose constantly running or tears streaming down cheeks							
<b>Gastrointestinal Upset:</b> Over last ½ hour	0 = no GI symptoms 1 = stomach cramps 2 = nausea or loose stool 3 = vomiting or diarrhea 5 = multiple episodes of diarrhea or vomiting							
<b>Tremor:</b> Observation of outstretched hands	0 = no tremor 1 = tremor can be felt, but not observed 2 = slight tremor observable 4 = gross tremor or muscle twitching							
<b>Yawning:</b> Observation during assessment	0 = no yawning 1 = yawning once or twice during assessment 2 = yawning three or more times during assessment 4 = yawning several times per minute							
<b>Anxiety or Irritability:</b>	0 = none 1 = patient reports increasing irritability or anxiousness 2 = patient obviously irritable / anxious 4 = patient so irritable or anxious that participation in the assessment is difficult							
<b>Gooseflesh Skin:</b>	0 = skin is smooth 3 = piloerection of skin can be felt or hairs standing up on arms 5 = prominent piloerection							
<b>COWS Score:</b>								
<b>Staff Initials:</b>								

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