

Patient Information			Referring Physician	
Last Name	First Name		Name	Address
Home Phone	Alternate Phone		Office Phone	Office Fax
HCN	Gender	DOB	Date of Referral	
	M F			

<p>CARDIAC ULTRASOUND Preparation: ♦No preparation required</p> <p><input type="checkbox"/> Echocardiogram</p>	<p>CARDIAC MONITORING Preparation: ♦No body lotion 24 hours prior to test ♦No bathing or swimming while wearing monitor</p> <p>Holter Monitor: <input type="checkbox"/> 24 H <input type="checkbox"/> 48 H <input type="checkbox"/> 72 H <input type="checkbox"/> 2 week</p> <p>Ambulatory Blood Pressure Monitor: <input type="checkbox"/> 24 H ♦ \$60 charge for this study as uninsured by OHIP</p>
<p>STRESS TESTING Preparation Exercise Stress Test and Stress Echocardiogram: ♦No food/drink/smoking for 2 hours prior to test ♦Comfortable clothes ♦Walking/running shoes ♦Current medication list Physician: If safe, hold nitrates and calcium channel blockers, beta blockers & erectile dysfunction medications 24 hours before stress test</p> <p><input type="checkbox"/> Exercise Stress Test Contraindications: ♦Severe Aortic Stenosis ♦Decompensated CHF ♦Unstable Angina ♦Patient unable to walk ♦Left Bundle Branch Block ♦Permanent Pacemaker</p> <p>OR</p> <p><input type="checkbox"/> Stress Echocardiogram Contraindications: ♦Severe Aortic Stenosis ♦Decompensated CHF ♦Unstable Angina ♦Patient unable to walk ♦Left Bundle Branch Block ♦Permanent Pacemaker</p>	<p>CONSULTATION</p> <p><input type="checkbox"/> Urgent <input type="checkbox"/> Routine <input type="checkbox"/> Only if test abnormal</p> <p><input type="checkbox"/> First Available Cardiologist <input type="checkbox"/> Dr. Shalan Alaamri <input type="checkbox"/> Dr. Alexandra Bojcevski <input type="checkbox"/> Dr. Adnan Kazi Hameed <input type="checkbox"/> Dr. Marian Kotrec</p>
<p>NUCLEAR STRESS TESTING Preparation Stress MIBI and Persantine MIBI: ♦No caffeine 24 hours prior to test (coffee, tea, chocolate, pop, and decaf) ♦No food/drink/smoking for 4 hours prior to test ♦Comfortable clothes ♦Walking/running shoes ♦Current medication list Physician: If safe, hold nitrates and calcium channel blockers, beta blockers & erectile dysfunction medications 24 hours before stress test</p> <p><input type="checkbox"/> Stress MIBI Contraindications: ♦Severe Aortic Stenosis ♦Decompensated CHF ♦Unstable Angina ♦Patient unable to walk ♦Left Bundle Branch Block ♦Permanent Pacemaker</p> <p><input type="checkbox"/> Persantine MIBI Contraindications: ♦Severe Aortic Stenosis ♦Greater than 1st degree AV block ♦Asthma</p>	<p>CLINICAL HISTORY: ♦If consultation requested, please forward relevant medical history and medication list.</p>

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Doctor's Signature

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